

School-Wide Newsletter



International Day

International Day is our annual tradition of celebrating our diversity and learning about countries at YIA. This year's International Day is scheduled for 10:00 am on Saturday, November 7.

Although the event officially begins at 10:00, we kindly request that students arrive by 9:00 am. The program will kick off with a flag parade. Two student representatives from each country will proudly carry their flags. After the last flag-bearer enters the parade, all participants will take turns to join in the walk around campus.

There are many performances for you to enjoy. Additionally, each advisory students and teachers are organizing an array of engaging activities in the courtyard for all participants to enjoy. Our PTO is also contributing with booths representing China, offering finger foods and cultural activities/games. The school will provide everyone with hotdogs, chicken salad, and Lays Chips.

2026 Fall Parent-Teacher Conference

To further strengthen home-school collaboration and build a smoother communication bridge, our school will hold the Fall Parent-Teacher One-on-One Conference on Friday, October 30, 2026. This conference will continue to use the "student-led" one-on-one parent-teacher conference format, with students at the center, personally guiding their parents in face-to-face communication with subject teachers. We believe this format can more vividly and comprehensively showcase students' learning outcomes and growth milestones and also help home and school jointly identify areas that need attention and improvement.

This year, the conference will specially add a "Class Parent Meeting" and a "Family Potluck" segment, hoping to enhance home-school understanding and unite collaborative efforts in a richer exchange setting.

Schedule:

- 9:00 a.m.–3:00 p.m. One-on-One Parent-Teacher Conferences (Student-Led)
- 3:00–3:30 p.m. General Parent Meeting
- 3:30–4:30 p.m. Class Parent Meetings
- 5:00–7:00 p.m. Family Potluck

One-on-One Parent-Teacher Conferences Booking (9:00 a.m.–3:00 p.m.)

Booking is now open. You may log in to PowerSchool to view the available time slots for each subject teacher and book your conference. Detailed booking instructions have been posted in each grade's parent WeChat group. The booking portal will close at 11:59 p.m. on Wednesday, October 28. Please be sure to complete your booking before then.

If, due to scheduling or other reasons, you are unable to book a time with a subject teacher you wish to speak with on the day of the conference, you are welcome to arrange a one-on-one meeting during regular school days through your child's homeroom teacher.

We look forward to your active participation. Let us work hand in hand to support every child's growth!



Aerobic Dance Class for Moms (Second Term)

To continue fostering connection within our school community, we are excited to offer the second term of the free Aerobic Dance Class for YHIS & YIA moms. This course will run from Tuesday, October 27 to Tuesday, December 15, every Tuesday from 8:20 to 9:20 am.

The class will once again be taught by Mrs. BoKyoung Lee, a professional dance instructor. Designed for beginners, the class will feature simple and fun movements—including aerobics, Zumba, and rhythm boxing—to promote both health and confidence. No prior dance experience is required—just bring comfortable clothes, some energy, and a smile!

Class Details

- Dates: Every Tuesday from October 27 – December 15 (8 weeks)
- Time: 8:20 –9:20 am
- Location: 5th-floor Indoor PE Space
- What to bring: Water bottle, comfortable clothes, yoga mat, indoor athletic shoes



Space is limited to 25 participants. If you are interested, please sign up by completing the registration form by Sunday, October 25.

Once the registration closes, participants will be randomly selected, and those selected will be invited to join a WeChat group.

We look forward to another joyful season of dancing and connection together!

LifePlus High School Volleyball Tournament

Our High School girls' volleyball team is traveling to Tianjin to participate in the LifePlus HS Volleyball Tournament from October 22-24. We look forward to an exciting and competitive tournament and wish our Leopards the best!

The tournament schedule and livestream links can be found [HERE](#).

Talent Show

Join us on Wednesday, October 28, at 3:00 pm for an exciting afternoon filled with a variety of performances showcasing the unique gifts and hard work of our talented students. Come cheer them on, enjoy the show, and celebrate the wonderful talents that make our school community so special. We look forward to seeing you there!

Lunch Menu

	MONDAY 星期一	TUESDAY 星期二	WEDNESDAY 星期三	THURSDAY 星期四	FRIDAY 星期五
SOUP 汤	Kimchi Tofu Soup#* 豆腐辛奇汤#*	Egg Soup^*# 香葱蛋汤^*#	Beef Radish Soup* 牛肉萝卜汤*	Special Meal 特色餐	Soybean Paste Soup*# 白菜蘑菇大酱汤*#
MAIN 主菜	① Stir-fried Sausages and Vegetables* 蔬菜炒火腿肠* ② Chicken Stroganoff^& 炸鸡斯特罗格诺夫^& ③ Braised Pork Ribs with Seaweed#* 海带排骨#*	① Fish Fillet*^# 炸鱼排*^# ② Tomato&Vegi Beef dish 西红柿炖牛肉菜 ③ Western-style Roasted Pork Neck* 西式烤猪颈肉*	① Sweet and Sour Fried Chicken*^ 炸鸡块*^ ② Hamburg Steak*^& 汉堡牛排*^& ③ Yu-Shiang Shredded Pork* 鱼香肉丝*	↓ CHOOSE 1 选一个 ① Spam Tuna Mayo Rice#^* 金枪鱼午餐肉盖饭#^*	① Braised Pork Ribs* 炖猪排* ② Tteokbokki*#&^ 玫瑰奶油炒年糕*#&^ ③ Stir-fried Shrimp with Celery#* 芹菜炒虾仁#*
CHOOSE 2 选两个菜					

SIDE DISH 配菜 ↓ CHOOSE 2 选两个菜	① Braised Potato* 酱油炖土豆* ② Stir-fried Broccoli + Mushroom* 炒蘑菇西兰花* ③ Stir-fried Tofu Rolls with Bell Peppers#* 彩椒炒豆卷#* ④ Cobb salad with wrench sauce &^ 科布蔬菜沙拉&^	① Kimchi Pancake* 辛奇饼* ② Mashed potato*& 土豆泥*& ③ Stir-fried Choy Sum with Mushroom* 香菇油菜* ④ Salad with Cherry Tomatoes 西红柿沙拉	① Steamed Egg^* 蒸鸡蛋^* ② Roasted vegetables 烤蔬菜 ③ Stir-fried Shredded Potatoes* 炆土豆丝* ④ Apple Cabbage Salad^ 苹果卷心菜沙拉^	② Spaghetti Bolognese*^& 意大利面博洛尼亚*^& ③ Braised Pork Knuckle Rice 肘子饭 + Juice 果汁	① Stir-fried Glass Noodles* 杂菜* ② Black Bean Dish 炖黑豆菜 ③ Scrambled Eggs and Tomato^* 西红柿炒鸡蛋^* ④ Potato Salad^ 土豆沙拉^
	DAILY SIDES 每日供应 Kimchi & Seasonal Fruit / 泡菜 & 水果				

Allergies:

*Wheat

#Seafood

&Dairy

^Eggs

@Nuts

*If a salad is served with a specific dressing, the allergens are listed on the menu. However, for the salad with optional dressings, the allergens are not listed.